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SJTA COVID-19 SAFETY & PHYSICAL DISTANCING GUIDELINES

While racquet sports can be played while practicing social distancing, Sierra junior Tennis Association would like to encourage all program participants to be leaders in demonstrating best practices for physical distancing and respect for the health and well-being of others. We ask that all of our players, parents, and fans recognize the following protocols for safe and healthy practices while participating in our events:

- We recommend that everyone carry hand sanitizer for frequent use, on and off the court. Hand sanitizer will be available at the event desk for all Sierra Junior Tennis events.
- For our players, we ask that, at the completion of your match, as opposed to shaking hands, you tap racquets with your opponent.
- For spectators we recommend physical distancing (6 ft apart) while watching the matches.
- We encourage everyone, when not playing, to wear masks or face coverings in the event areas.

Furthermore, please consider the following statements prior to participating in Sierra Junior Tennis Association events, and do not participate if you do not agree with one or more of these statements:

1. I (or my child/ren) are currently not sick, nor have been in the past 14 days, or displaying COVID-19 or any other flu-like symptoms which may include: fever, cough, shortness of breath and/or difficulty breathing. If this changes I will not attend Sierra Junior Tennis Association events.
2. I (or my child/ren) understand the importance of thoroughly washing my hands, practicing social distancing, the recommendation of wearing a mask or face covering to assist in the safety of myself and others.
3. I (or my child/ren) understand that no list of restrictions, guidelines or practices will remove 100% of the risk of exposure to COVID-19 as the virus can be transmitted by persons who are asymptomatic and before some people show signs of infection.

SJTA RECOMMENDED READING FOR SAFE PLAY:

AN NJTL CHAPTER SUPPORTED BY



USTA GUIDELINES FOR SAFE PLAY - <http://bit.ly/USTAsafe>

SJTA is a proud chapter of the United States Tennis Association (USTA) National Junior Tennis & Learning (NJTL) program. Many of SJTA's free clinics and programs are made possible by the generous support of the USTA Foundation. For more info, visit USTA.com

CDC GUIDELINES - <http://bit.ly/sjtaCDC>



Please reference the latest guidelines recommended by the Center for Disease Control (CDC.gov) for the most up-to-date information related to general public health and safety guidelines.

Thank you for your attention to these guidelines and we believe that your efforts will ensure that our tennis community stays safe and healthy. See you on the court!